Ospemifene: an alternative option for the treatment of vulvovaginal atrophy

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Vulvar and vaginal atrophy (VVA) is a chronic medical condition in women suffering from hypoestrogenism. The main sufferers of VVA are postmenopausal women which have a permanent reduced systemic oestrogen level (more than 50% of all postmenopausal women).
Ospemifene is a systemic selective oestrogen receptor modulator (SERM) that recently became available in Europe for moderate to severe symptomatic VVA in post-menopausal women who are not candidates for local vaginal oestrogen therapy.

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