Premature menopause and sexual outcomes

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The prolonged survival of children, adolescents and young women successfully treated for cancer increases the number of women facing premature menopause (PM). PM accelerates general health and sexual ageing, unless appropriate HT – when non-contraindicated – is initiated and maintained over time. Reports of FSD increase after PM. Women with PM are at higher risk of distressing sexual disorders. RCTs indicate that HT with oestrogen and testosterone may have a positive effect on all domains of sexual function, especially after surgical PM.

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