Neuropathic pain in vulvar vestibulitis: Diagnosis and treatment

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Patients affected by vulvar vestibulitis syndrome (VVS) suffer from symptoms typical of neuropathic pain such as allodynia and hyperalgesia. Because of the severe pain on vestibular touch or attempted vaginal entry, intercourse is increasingly avoided. Pathophysiology of physical symptoms is related to the microscopic findings of proliferation of pain fibers which are also superficialized within the vestibular tissue. Current non-invasive treatment may be useful in a number of patients, but the most severe cases need a stronger approach, such as anaesthetic nervous blocks.

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