

Psychogenic causes of chronic pelvic pain, and its impact on psychological status

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Psychogenic factors can be powerful contributors of CPP, as predisposing, precipitating or maintaining factors of chronic stress. One of the currently most credited pathophysiologic reading is through the corticotropin-releasing factor (CRF) signaling pathways.

The paper:

- updates the word "psychogenic";
- suggests a pathophysiologic reading of the psychogenic contribute to CPP, via the stress-induced corticotropin-releasing factor (CRF) signaling pathways, and differentiates predisposing, precipitating and maintaining factors;
- summarizes the pertinent evidence;
- focuses on the differential diagnosis between prominent "psychogenic" vs somatic etiology of CPP;
- highlights the common diagnostic mistakes with a focus on iatrogenic factors and nocebo effect;
- discusses the psychological and sexual consequences of CPP.

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